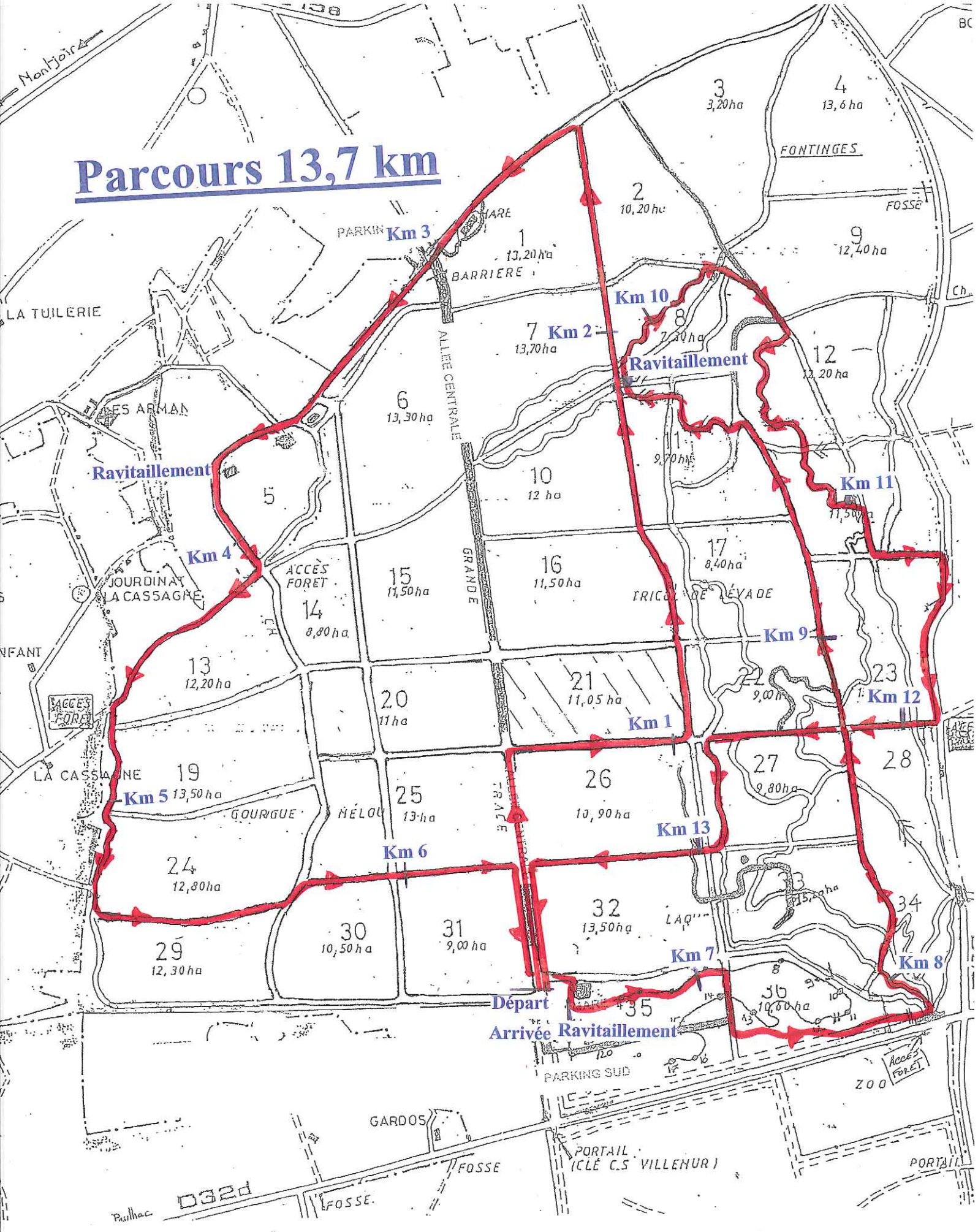Parcours 13,7 km